

North Munster Track and Field Results 2024

Minor Boys 100m

1	Ashton Matthews (PS Chorca Dhuibhne)	12.84
2	Patrick Guilfoyle (Scariff CC)	13.63
3	Samuel Addae (Castletroy College)	13.73

Minor Boys 200m

1	Conor Rellis (St Flannans Ennis)	25.18
2	Emmanuel Chukwuemeka (Ennis CC / GC an Chl)	25.89
3	Bubemi Emiko (Ennis CC / GC an Chláir)	27.78

Minor Boys 800m

1	Darragh Whelan (Castletroy College)	2.14.44
2	Jonah Quinn (St Flannans Ennis)	2.15.01
3	Luke Ryan (Newport College)	2.32.49

Minor Boys 1500m

1	Cathal O'Rourke (St Flannans Ennis)	5.04.24
2	Cameron Quirke (Mercy Mounthawk Tralee)	5.15.44
3	Dylan Price (St Flannans Ennis)	5.22.71

Minor Boys 75m Hurdles

1	Muzamel Sidiqi (Col Chiaráin Croom)	15.82
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Minor Boys 4 x 100m Relay

1	Col Chiarain Croom (Col Chiaráin Croom)	55.10
2	Glenstal (Glenstal Abbey School)	55.97
3	Ennis CC (Ennis CC / GC an Chláir)	56.15

Minor Boys Long Jump

1	Conor Rellis (St Flannans Ennis)	5.14
2	Jamie Devlin (St Marys Newport)	4.38
3	Darragh Healy (St Marys Newport)	4.36

Minor Boys High Jump

1	Devyn Vaughan (Ennis CC / GC an Chláir)	1.28
2	Nojus Deimontaite (PS Chorca Dhuibhne)	1.25
3	Michal Halasa (Ennis CC / GC an Chláir)	1.20

Minor Boys Shot

1	Darragh Healy (St Marys Newport)	9.14
2	Jamie Devlin (St Marys Newport)	8.89
3	Gearoid Madden (Scariff CC)	8.80

Minor Boys Javelin

1	Robert McCutcheon (Crescent Col Comp SJ)	32.41 NR
2	David Horban (CBS The Green Tralee)	24.60
3	Gearoid Madden (Scariff CC)	20.36

Junior Boys 100m

1	Ryan Corbett (St Josephs Tulla)	12.41
2	Jack Kelly (St Marys Newport)	12.42
3	Carlos Estrada (St Josephs Spanish Pt)	12.80

Junior Boys 200m

1	Ruadhan Casey (St Flannans Ennis)	24.69
2	Ryan Corbett (St Josephs Tulla)	25.10
3	Jack Ó Coileáin (Gaelcholáiste Chiarraí)	24.57

Junior Boys 800m

1	Aidan Dillon (Castletroy College)	2.16.96
2	John Farrell (Castletroy College)	2.21.31
3	Ryan Kelly (St Flannans Ennis)	2.22.21

Junior Boys 1500m

1	Jack Ó Coileáin (Gaelcholáiste Chiarraí)	
2	Billy Moriarty (Causeway Comprehensive School)	
3	Billy Ó Neachtáin (Gaelcholáiste Chiarraí)	

Junior Boys 80m Hurdles

1	Alex Collins (CII Abbeyfeale)	15.64
2	Haulie Cotter (Mercy Mounthawk Tralee)	17.66

Junior Boys 4 x 100m Relay

1	Colaiste Ide & Iosef (CII Abbeyfeale)	52.27
2	St Flannans (St Flannans Ennis)	53.16
3	GC Chiarraí (Gaelcholáiste Chiarraí)	54.05

Junior Boys Long Jump

1	Ruadhan Casey (St Flannans Ennis)	5.32
2	Charlie Lyons (CBS The Green Tralee)	4.85
3	Carlos Estrada (St Josephs Spanish Pt)	4.85

Junior Boys Triple Jump

1	Alex Collins (CII Abbeyfeale)	10.08
2	Yahya Eltigani (Col Chiaráin Croom)	8.86

Junior Boys High Jump

1	David Watson (CII Abbeyfeale)	1.66
2	Jamie Nolan (Castleisland CC)	1.66
3	Ryan Kelly (St Flannans Ennis)	1.60

Junior Boys Shot

1	David Bello (Ennis CC / GC an Chláir)	10.42
2	Jack Behan (CII Abbeyfeale)	10.10
3	Eoin Broderick (CII Abbeyfeale)	8.27

Junior Boys Discus

1	Kevin O'Shea (Mercy Mounthawk Tralee)	50.14 NR
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Junior Boys Javelin

1	Kevin O'Shea (Mercy Mounthawk Tralee)	49.55 NR
2	Charlie Collins (Scariff CC)	20.38
3	David Bello (Ennis CC / GC an Chláir)	18.56

Junior Boys Hammer

1	Reece Tobin (Scariff CC)	17.23
2	Nathan McNamara (Scariff CC)	14.73

Inter Boys 100m

1	Sizothini Ndhlovu (St Clements Limerick)	11.59
2	Kenneth Blower (St Marys Newport)	11.67
3	Kieran O'Connor (Hazelwood Col Dromcollogher)	12.01

Inter Boys 200m

1	Sizothini Ndhlovu (St Clements Limerick)	23.10
2	Kenneth Blower (St Marys Newport)	23.70
3	Promise Jolaosho (Ennis CC / GC an Chláir)	24.03

Inter Boys 400m

1	Dylan O'Callaghan (St Michaels Listowel)	52.56
2	Tadhg Purcell (Col Chiaráin Croom)	53.64
3	Promise Jolaosho (Ennis CC / GC an Chláir)	54.60

Inter Boys 800m

1	Dylan O'Callaghan (St Michaels Listowel)	2.01.78
2	Jack Crowley (Limerick ETSS)	2.03.04
3	Fionn Cunningham (Gaelcholáiste Luimnigh)	2.09.72

Inter Boys 1500m

1	Simon Farrell (St Flannans Ennis)	4.28.0
2	Zack Walshe (Causeway Comprehensive School)	4.39.0
3	Ruairi Walshe (Causeway Comprehensive School)	4.58.0.

Inter Boys 3000m

1	Simon Farrell (St Flannans Ennis)	9.16.96
2	Zack Walshe (Causeway Comprehensive School)	9.54.35
3	Daithi O'Leary (St Flannans Ennis)	9.54.86

Inter Boys 100m Hurdles

1	Saad Abdalla (Mercy Mounthawk Tralee)	18.02
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U16 Boys Mile

1	Conor McCarthy (CBS The Green Tralee)	4.56.33
2	Daithi O'Leary (St Flannans Ennis)	4.59.00
3	Luke Farrell (St Flannans Ennis)	5.04.35

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Inter Boys 4 x 100m Relay

1	Mercy Mounthawk (Mercy Mounthawk Tralee)	47.33
2	Castletroy College (Castletroy College)	47.54
3	St Marys Newport (St Marys Newport)	47.86

Inter Boys Long Jump

1	Josh Devlin (St Marys Newport)	5.80
2	Matthew Bashua (Ennis CC / GC an Chláir)	5.35
3	Victor Malakov (Mercy Mounthawk Tralee)	5.27

Inter Boys Triple Jump

1	Eoin Malik (Mercy Mounthawk Tralee)	12.72
2	Josh Devlin (St Marys Newport)	11.33
3	Oscar McElligott (St Michaels Listowel)	10.45

Inter Boys High Jump

1	Rian Walsh (CBS The Green Tralee)	1.55
2	Ethan Doyle (CBS The Green Tralee)	1.50
3	Emmanuel Onwudiwe (Ennis CC / GC an Chláir)	1.35

Inter Boys Shot

1	Kieran Keane (PS Chorca Dhuibhne)	15.22
2	Aaron Crean (CBS The Green Tralee)	10.45
3	Matthew O'Rourke-Massey (Salesian Col Pallaske)	10.39

Inter Boys Discus

1	Kieran Keane (PS Chorca Dhuibhne)	35.43
2	Cillian McMahon (St Michaels Listowel)	28.84
3	Jack Punch (Scariff CC)	26.63

Inter Boys Javelin

1	James Rochford (Rice College Ennis)	47.83
2	Eoin Malik (Mercy Mounthawk Tralee)	37.25
3	Sean Murphy (Mercy Mounthawk Tralee)	37.00

Inter Boys Hammer

1	Jack Minogue (Scariff CC)	26.73
2	Adam McNamara (Scariff CC)	20.97

Senior Boys 100m

1	Lamine Diarrassouba (Castletroy College)	11.35
2	Luke Calitz (St Munchins Limerick)	11.44
3	Brendan O'Leary (Tarbert Comprehensive)	11.54

Senior Boys 200m

1	Luke Calitz (St Munchins Limerick)	23.08
2	Leo Johnson (Rice College Ennis)	23.33
3	Brendan O'Leary (Tarbert Comprehensive)	23.73

Senior Boys 400m

1	Lamine Diarrassouba (Castletroy College)	51.50
2	Colm McMahon (Kilrush CS)	53.68
3	Sean Og Brosnan (CBS The Green Tralee)	56.00

Senior Boys 800m

1	Caleb Walsh (Rice College Ennis)	2:07.66
2	Ben O'Halloran (Rice College Ennis)	2:09.94
3	Ross O'Carroll (Mungret CC Limerick)	2:14.53

Senior Boys 1500m

1	Sean Og Brosnan (CBS The Green Tralee)	4:43.0
2	Iarlaith McElroy (Rice College Ennis)	4:46.0
3	Leo Johnson (Rice College Ennis)	5:18.0

Senior Boys 5000m

1	Aaron Angland (Hazelwood Col Dromcollogher)	16:14.2
2	Alan McCutcheon (Crescent Col Comp SJ)	17:15.4
3	Iarlaith McElroy (Rice College Ennis)	17:17.3

Senior Boys 400m Hurdles

1	Oisín O'Regan (CII Abbeyfeale)	65.9
2	Olly Tierney (Gaelcholáiste Luimnigh)	69.2

Senior Boys 4 x 100m Relay

1	Tralee CBS (CBS The Green Tralee)	48.83
2	Rice College (Rice College Ennis)	49.98

Senior Boys 4 x 400m Relay

1	CBS The Green Tralee (CBS The Green Tralee)	3:56.0
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Senior Boys Long Jump

1	Saliou Sow (CBS The Green Tralee)	5.65
2	Oisín O'Regan (CII Abbeyfeale)	5.64
3	Conor Donegan (Causeway Comprehensive Sch)	5.63

Senior Boys Triple Jump

1	Aaron O'Connor (Castletroy College)	12.83
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Senior Boys High Jump

1	Conor Donegan (Causeway Comprehensive Sch)	1.75
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Senior Boys Shot

1	Michael Nolan (Causeway Comprehensive School)	10.20
2	Conor Crean (CBS The Green Tralee)	10.12
3	Zack Duggan (St Munchins Limerick)	9.28

Senior Boys Discus

1	Michael Heffernan (Scariff CC)	19.45
2	James Griffin (Salesian Col Pallaskerry)	14.08

Senior Boys Javelin

1	Darragh Pearl (Scariff CC)	13.14
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Senior Boys Hammer

1	Michael Heffernan (Scariff CC)	20.50
2	Mikey Bogenberger (Scariff CC)	20.20

Minor Girls 100m

1	Clodagh O'Hagan (St Josephs Tulla)	13.32
2	Alanna Purcell (Col Chiaráin Croom)	13.70
3	Alice McKernan (SMI Newcastlewest)	14.11

Minor Girls 200m

1	Ava O'Boyle (St Flannans Ennis)	27.79
2	Clodagh O'Hagan (St Josephs Tulla)	28.00
3	Alanna Purcell (Col Chiaráin Croom)	28.17

Minor Girls 800m

1	Aisling Kelly (Coláiste Muire)	2:19.0
2	Ava O'Boyle (St Flannans Ennis)	2:26.0
2	Eavan Lyons (CII Abbeyfeale)	2:34.0

Minor Girls 1500m

1	Ainoa Brennan (Scariff CC)	6:55.27
2	Caitlin Lynch (Scariff CC)	6:59.85

Minor Girls 75m Hurdles

1	Aoibhinn O'Driscoll (Mercy Mounthawk Tralee)	12.80
2	Lily Ann Cremin (Desmond College NCW)	14.15
3	Maddison O'Connor (Causeway Comprehensive)	14.25

Minor Girls 4 x 100m Relay

1	Colaiste Muire Ennis (Coláiste Muire)	57.35
2	Presentation Tralee (Pres Tralee)	58.06
3	Col Chiarain Croom (Col Chiaráin Croom)	58.12

Minor Girls Long Jump

1	Aoibhinn O'Driscoll (Mercy Mounthawk Tralee)	4.95
2	Clodagh O'Hagan (St Josephs Tulla)	4.94
3	Alannah Crossan (Pres Tralee)	4.12

Minor Girls High Jump

1	Alannah Crossan (Pres Tralee)	1.40
2	Olivia Collins (CII Abbeyfeale)	1.30
3	Eavan Lyons (CII Abbeyfeale)	1.30

Minor Girls Shot

1	Gyte Andrijauskaite (Mungret CC Limerick)	10.41
2	Isabel Ikebudu (Castletroy College)	8.48
3	Olivia Collins (CII Abbeyfeale)	6.55

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Minor Girls Javelin

1	Clodagh O'Hagan (St Josephs Tulla)	29.22 NR
2	Lily Navarro Mantari (St Flannans Ennis)	14.20
3	Ella Treacy (Scariff CC)	11.30

Junior Girls 100m

1	Destiny Lawal (Castletroy College)	12.56
2	Róisín Doyle (Laurel Hill Coláiste FCJ)	13.09
3	Isbeal ní hUigin (Laurel Hill Coláiste FCJ)	13.10

Junior Girls 200m

1	Isbeal ní hUigin (Laurel Hill Coláiste FCJ)	27.43
2	Rebecca Reid (St Flannans Ennis)	27.68
3	Maeve Murphy (CII Abbeyfeale)	27.86

Junior Girls 800m

1	Ellen Goggin (Crescent Col Comp SJ)	2.27.31
2	Caoimhe McNamara (Coláiste Muire)	2.28.89
3	Caoimhe Neylon (St Flannans Ennis)	2.29.60

Junior Girls 1500m

1	Emma Haugh (St Flannans Ennis)	4.43
2	Ella Grace Osborne (Laurel Hill Coláiste FCJ)	4.45
3	Siobhan Healy (Coláiste Muire)	5.02

Junior Girls 1200m Walk

1	Amelia Gieraltowska (Mercy Mounthawk Tralee)	7.44
2	Penny Costello (Mercy Mounthawk Tralee)	8.40

Junior Girls 75m Hurdles

1	Megan O'Shea (Crescent Col Comp SJ)	12.24
2	Maeve Murphy (CII Abbeyfeale)	13.84
3	Mary McGarr (Scariff CC)	14.51

Junior Girls 4 x 100m Relay

1	Laurel Hill Colaiste (Laurel Hill Coláiste FCJ)	53.75
2	Laurel Hill Secondary (Laurel Hill Secondary FCJ)	57.32
3	Mercy Mounthawk (Mercy Mounthawk Tralee)	58.64

Junior Girls Long Jump

1	Mildred Prempeh (Col Chiaráin Croom)	3.45
2	Annabelle Higgins (PS Chorca Dhuibhne)	3.24
3	Ava Kelliher (Mercy Mounthawk Tralee)	3.00

Junior Girls Triple Jump

1	Sarah Costello (Col Chiaráin Croom)	8.82
2	Kayla Moylan (St Flannans Ennis)	8.41

Junior Girls High Jump

1	Kayla Moylan (St Flannans Ennis)	1.35
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Junior Girls Shot

1	Emer Purtill (Mungret CC Limerick)	13.23 NR
2	Aisling O'Sullivan (Laurel Hill Secondary FCJ)	8.57
3	Laoise Walsh (Mercy Mounthawk Tralee)	8.17

Junior Girls Discus

1	Laoise Walsh (Mercy Mounthawk Tralee)	17.67
2	Mia Considine (Scariff CC)	16.67
3	Niamh Bogenberger (Scariff CC)	16.65

Junior Girls Javelin

1	Emer Purtill (Mungret CC Limerick)	37.50
2	Gyte Andrijauskaite (Mungret CC Limerick)	25.61
3	Ciara Kerns (Castleisland CC)	20.02

Junior Girls Hammer

1	Asha Bangera (Scariff CC)	22.06
2	Elainah McNamara (Scariff CC)	19.60

Inter Girls 100m

1	Aoife Murphy (Laurel Hill Secondary FCJ)	12.54
2	Grainne Kennedy (Ennistymon Community Schoo)	12.94
3	Juliana Gea (Coláiste Muire)	13.68

Inter Girls 200m

1	Aoife Murphy (Laurel Hill Secondary FCJ)	25.98
2	Meabh Purtill (Mungret CC Limerick)	27.21
3	Grace Mainoo (Castletroy College)	27.99

Inter Girls 300m

1	Meabh Purtill (Mungret CC Limerick)	42.15
2	Leah Berry (St Marys Newport)	43.75
3	Niamh Hynes (Mungret CC Limerick)	45.62

Inter Girls 800m

1	Faye Mannion (Coláiste Muire)	2.15.0
2	Sophia Ní Mhaonaigh (Laurel Hill Coláiste FCJ)	
3	Méabh Ní Chonchúir (Gaelcholáiste Chiarraí)	

Inter Girls 1500m

1	Faye Mannion (Coláiste Muire)	4.42.94
2	Sophie Maher (St Flannans Ennis)	4.45.17
3	Méabh Ní Chonchúir (Gaelcholáiste Chiarraí)	5.02.12

Inter Girls 3000m

1	Abby Stephenson (Pres Tralee)	11.30.15
2	Cara Leahy (Pres Listowel)	11.59.12
3	Lucy Shannon (Coláiste Muire)	12.07.80

Inter Girls 80m Hurdles

1	Amanda Duyile (Mercy Mounthawk Tralee)	13.56
2	Lucy Mulgrew (Mercy Mounthawk Tralee)	13.58
3	Cara Lawlor (St Flannans Ennis)	19.38

Inter Girls 300m Hurdles

1	Maebh Kelly (Coláiste Muire)	49.6
2	Cara Lawlor (St Flannans Ennis)	50.3
3	Niamh Hynes (Mungret CC Limerick)	53.7

U16 Girls Mile

1	Aimee McMahon (Villiers School)	5.57.42
2	Emily Singleton (Coláiste Muire)	6.04.47
3	Amy Meaney (St Michaels Kilmihil)	6.12.72

Inter Girls 4 x 100m Relay

1	Mercy Mounthawk (Mercy Mounthawk Tralee)	52.52
2	Colaiste Muire Ennis (Coláiste Muire)	53.75
3	St Flannans (St Flannans Ennis)	54.69

Inter Girls Long Jump

1	Juliana Gea (Coláiste Muire)	5.02
2	Amanda Duyile (Mercy Mounthawk Tralee)	4.77
3	Kayla Connellan (St Flannans Ennis)	4.65

Inter Girls Triple Jump

1	Clodagh Donohue (St Marys Newport)	10.31
2	Kayla Connellan (St Flannans Ennis)	10.02
3	Maebh Kelly (Coláiste Muire)	9.94

Inter Girls High Jump

1	Clodagh Donohue (St Marys Newport)	1.55
2	Isabel Maher (St Josephs Tulla)	1.40
3	Eliza O'Donnell (Pres Listowel)	1.10

Inter Girls Shot

1	Eimer Ryan (Salesian Col Pallaskenry)	10.63
2	Niamh O'Shea (Mercy Mounthawk Tralee)	8.50
3	Ruby Crean (Mercy Mounthawk Tralee)	8.39

Inter Girls Discus

1	Niamh O'Shea (Mercy Mounthawk Tralee)	27.75
2	Maebh Guilfoyle (Scariff CC)	21.10
3	Laura Danaher (Scariff CC)	17.15

Inter Girls Javelin

1	Eimer Ryan (Salesian Col Pallaskenry)	31.33
2	Rubi Walker (St Marys Newport)	20.15

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Inter Girls Hammer

1	Eliza Murphy Wiley (Scariff CC)	21.63
2	Kate Bogenberger (Scariff CC)	19.26

Senior Girls 100m

1	Róise Gavin (Gaelcholáiste Luimnigh)	12.91
2	Orla O'Shaughnessy (Salesian Col Pallaskerry)	13.20
3	Kelsey Hayes (St Caimins CS Shannon)	17.70

Senior Girls 200m

1	Sophie Walker (St Marys Newport)	25.68
2	Róise Gavin (Gaelcholáiste Luimnigh)	26.06
3	Orla O'Shaughnessy (Salesian Col Pallaskerry)	26.39

Senior Girls 400m

1	Sophie Walker (St Marys Newport)	57.21
2	Mollie O'Riordan (Tarbert Comprehensive)	60.06
3	Maria Cagney (SMI Newcastlewest)	60.93

Senior Girls 800m

1	Holly O'Boyle (St Flannans Ennis)	2.12.13
2	Hazel Murphy (CII Abbeyfeale)	2.28.84

Senior Girls 1500m

1	Holly O'Boyle (St Flannans Ennis)	5.08.0
2	Gemma Galvin (St Michaels Kilmihil)	5.18.0
3	Hazel Murphy (CII Abbeyfeale)	5.23.0

Senior Girls 3000m

1	Noelle Dillon (Pres Listowel)	12.43.0
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Senior Girls 100m Hurdles

1	Leagh Moloney (Gaelcholáiste Luimnigh)	15.46
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Senior Girls 400m Hurdles

1	Eimear Galvin (Hazelwood Col Dromcollogher)	
2	Caoimhe Byrne O'Connell (Mary I Lisdoonvarna)	

Senior Girls 4 x 100m Relay

1	Laurel Hill Secondary (Laurel Hill Secondary FCJ)	55.00
2	Tarbert CS (Tarbert Comprehensive)	55.75
3	St Caimins (St Caimins CS Shannon)	61.15

Senior Girls Long Jump

1	Eimear Galvin (Hazelwood Col Dromcollogher)	5.29
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Senior Girls Triple Jump

1	Leagh Moloney (Gaelcholáiste Luimnigh)	10.91
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Senior Girls High Jump

1	Ava Rochford (Rice College Ennis)	1.80 NR
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Senior Girls Shot

1	Aoibhinn Harte (CII Abbeyfeale)	8.91
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Senior Girls Discus

1	Aoibhinn Harte (CII Abbeyfeale)	22.85
2	Emma Burke (Scariff CC)	18.10
3	Caoilainn O'Meara (Scariff CC)	16.22

Senior Girls Hammer

1	Izzy O'Brien (Scariff CC)	17.02
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