

## North Munster Track and Field Results 2022

### Minor Boys 100m

1	Kieran Ó Catháin (PS Chorca Dhuibhne)	12.57
2	Sean O'Neill (Mercy Mounthawk Tralee)	12.84
3	Jimmy McMahon (Crescent Col Comp SJ)	13.20

### Minor Boys 200m

1	Kieran Ó Catháin (PS Chorca Dhuibhne)	26.39
2	Max White (Ardscoil Rís Limerick)	26.57
3	Archie McNamara (St Annes CC Killaloe)	26.98

### Minor Boys 800m

1	Archie McNamara (St Annes CC Killaloe)	2.18.53
2	Eoin Soffe (Kilrush CS)	2.21.37
3	Tom Arthur (St Annes CC Killaloe)	2.22.19

### Minor Boys 1500m

1	Conor McGibney (Mercy Mounthawk Tralee)	5.08.38
2	Rory O'Callaghan (Crescent Col Comp SJ)	5.08.39
3	Luke Farrell (St Flannans Ennis)	5.20.23

### Minor Boys 75m Hurdles

1	Saad Abdalla (Mercy Mounthawk Tralee)	14.51
2	David King (St John Bosco Kildysart)	14.93
3	Peter Ashe (St Marys Newport)	15.21

### Minor Boys 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	53.91
2	(St Annes CC Killaloe)	54.56
3	(St Flannans Ennis)	55.98

### Minor Boys Long Jump

1	Ronan Sheridan (St Michaels Listowel)	5.12
2	Aidan O'Connell (St Flannans Ennis)	4.87
3	Samson Abubakar (Mercy Mounthawk Tralee)	4.81

### Minor Boys High Jump

1	Robert Joy O'Regan (JTB CS Hospital)	1.55
2	David King (St John Bosco Kildysart)	1.40
3	Cillian Conway (St Flannans Ennis)	1.35

### Minor Boys Shot

1	Kieran Ó Catháin (PS Chorca Dhuibhne)	14.80 NR
2	Robert Joy O'Regan (JTB CS Hospital)	10.77
3	Callum Hollywood (Thomond CC Limerick)	7.68

### Minor Boys Javelin

1	Peter Ashe (St Marys Newport)	16.55
2	Jack Donovan (Tralee CBS)	15.13
3	Callum Heir (St Marys Newport)	12.61

### Junior Boys 100m

1	Promise Jolaosho (Ennis CC / GC an Chláir)	12.42
2	Josh Conway (Salesian Col Pallaskenry)	12.61
3	Gregory Clifford (Mercy Mounthawk Tralee)	12.61

### Junior Boys 200m

1	Promise Jolaosho (Ennis CC / GC an Chláir)	25.22
2	Dylan O'Callaghan (St Michaels Listowel)	25.62
3	Jack Crowley (Limerick ETSS)	26.14

### Junior Boys 800m

1	Tadhg Healy (Tralee CBS)	2.17.81
2	Jack Crowley (Limerick ETSS)	2.18.31
3	Cillian Hayes (Rice College Ennis)	2.18.42

### Junior Boys 1500m

1	Fionnan Ryan (Tralee CBS)	4.46.77
2	Simon Farrell (St Flannans Ennis)	4.48.75
3	Darragh Horgan (Castletroy College)	4.51.27

### Junior Boys 80m Hurdles

1	Malacy McKenna (Ardscoil Rís Limerick)	12.39
2	Najim Jagara (Ardscoil Rís Limerick)	16.95
3	Kundai Mutamenda (Mercy Mounthawk Tralee)	17.99

### Junior Boys 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	52.06
2	(Tralee CBS)	53.23
3	(Ardscoil Rís Limerick)	53.98

### Junior Boys Long Jump

1	Bao Foley (Mercy Mounthawk Tralee)	5.43
2	Eoin Malik (Mercy Mounthawk Tralee)	4.86
3	Matthew Bashua (Ennis CC / GC an Chláir)	4.81

### Junior Boys Triple Jump

1	James Rochford (Rice College Ennis)	9.18
2	Eoghan Crowley (Mercy Mounthawk Tralee)	7.36

### Junior Boys High Jump

1	Bao Foley (Mercy Mounthawk Tralee)	1.60
2	Samuel Akinyemi (Mercy Mounthawk Tralee)	1.25

### Junior Boys Shot

1	Rossa Sheehan (Limerick ETSS)	8.21
2	Christy De Búrca (Gaelcholáiste Chiarraí)	7.01
3	Colm Mac Gearailt (PS Chorca Dhuibhne)	7.01

### Junior Boys Javelin

1	Fionnan Ryan (Tralee CBS)	31.92
2	Eoin Malik (Mercy Mounthawk Tralee)	27.41
3	Samuel Akinyemi (Mercy Mounthawk Tralee)	14.60

### Inter Boys 100m

1	Samuel Regan (Tralee CBS)	11.57
2	Lamine Diarrassouba (Castletroy College)	11.72
3	Junior Okafor (Crescent Col Comp SJ)	11.74

### Inter Boys 200m

1	Jack Barrett (Mercy Mounthawk Tralee)	23.57
2	Lamine Diarrassouba (Castletroy College)	23.69
3	Brendan O'Leary (Tarbert Comprehensive)	23.93

### Inter Boys 400m

1	Dáire Culligan (St John Bosco Kildysart)	54.68
2	Dara Kennedy (St Marys Newport)	56.29
3	Mohamed Abdalla (Mercy Mounthawk Tralee)	58.08

### Inter Boys 800m

1	Dáire Culligan (St John Bosco Kildysart)	2.11.69
2	Mohamed Abdalla (Mercy Mounthawk Tralee)	2.13.32
3	Jack Rush (Mary I Lisdoonvarna)	2.13.58

### Inter Boys 1500m

1	Gerard Dunne (Kilrush CS)	4.34.04
2	Peter Farrell (St Flannans Ennis)	4.37.56
3	Caleb Walsh (Rice College Ennis)	4.57.08

### Inter Boys 3000m

1	Gerard Dunne (Kilrush CS)	9.30.90
2	Peter Farrell (St Flannans Ennis)	9.31.62
3	Jack Downes (Ardscoil Rís Limerick)	10.48.25

### Inter Boys 100m Hurdles

1	Stuart Tobin (Castletroy College)	15.08
2	Ryne Yebanez (Mercy Mounthawk Tralee)	17.64
3	Alex Kennedy (Ardscoil Rís Limerick)	19.45

### Inter Boys 400m Hurdles

1	Alan Gladysx (Col Mhicil CBS Limerick)	
2	Ollie Tierney (Gaelcholáiste Luimnigh)	
3	Alan McCutcheon (Crescent Col Comp SJ)	

### U16 Boys Mile

1	Sean Og Brosnan (Tralee CBS)	5.18.03
2	Ross O'Carroll (Mungret CC Limerick)	5.22.97
3	James Dillon (St Michaels Listowel)	5.23.85

## North Munster Track and Field Results 2022

### Inter Boys 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	49.42
2	(Crescent Col Comp SJ)	49.89
3	(Tralee CBS)	50.01

### Inter Boys Long Jump

1	Yeshuah O'Brien Bayer (St Annes CC Killaloe)	5.81
2	Ryne Yebanez (Mercy Mounthawk Tralee)	5.59
3	Dillon Walsh (St Marys Newport)	5.22

### Inter Boys Triple Jump

1	Silvester Onwudiwe (Ennis CC / GC an Chláir)	10.62
2	Matthew Conway (St Flannans Ennis)	10.59

### Inter Boys Shot

1	Keelan Best (Tralee CBS)	10.25
2	Louis Mac An Tsithigh (PS Chorca Dhuibhne)	9.63
3	Micheal Nolan (Causeway Comprehensive)	9.42

### Inter Boys Discus

1	Cathal Murphy (Mercy Mounthawk Tralee)	21.83
2	Dawid Holewa (CII Abbeyfeale)	19.19
3	Conor Crean (Mercy Mounthawk Tralee)	17.06

### Inter Boys Javelin

1	Cathal Murphy (Mercy Mounthawk Tralee)	38.80
2	Diarmuid Ó Ciardhubháin (PS Chorca Dhuibhne)	25.21
3	Conor Crean (Mercy Mounthawk Tralee)	23.50

### Senior Boys 100m

1	Padraic Hassett (Glenstal Abbey School)	10.93
2	Darragh Murphy (Castletroy College)	11.20
3	Rex Namakazi (Castletroy College)	11.23

### Senior Boys 200m

1	Padraic Hassett (Glenstal Abbey School)	22.33
2	Darragh Murphy (Castletroy College)	22.47
3	Jordan Kissane (Tralee CBS)	22.49

### Senior Boys 400m

1	Nathan Sheehy Cremin (SMI Newcastlewest)	51.64
2	Massimo Mastrobuono (St Pats Castleisland)	53.23
3	Tadhg Galvin (Mercy Mounthawk Tralee)	55.33

### Senior Boys 800m

1	Nathan Sheehy Cremin (SMI Newcastlewest)	1.58.53
2	Cian O'Boyle (St Flannans Ennis)	1.59.32
3	Colin Ó Riain (Ennis CC / GC an Chláir)	2.01.49

### Senior Boys 1500m

1	Cian O'Boyle (St Flannans Ennis)	4.13.42
2	Thomas McGuire (St Flannans Ennis)	4.31.84
3	Antaine Ó Séaghdha (PS Chorca Dhuibhne)	4.47.39

### Senior Boys 5000m

1	Oisín Ó Muirí (Gaelcholáiste Chiarraí)	15.59.78
2	Barry Conway (St Flannans Ennis)	17.05.31
3	Thomas McGuire (St Flannans Ennis)	17.19.26

### Senior Boys 400m Hurdles

1	Tadhg Galvin (Mercy Mounthawk Tralee)
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### Senior Boys 4 x 100m Relay

1	(Tralee CBS)	47.09
2	(St Pats Castleisland)	47.76
3	(Mercy Mounthawk Tralee)	48.71

### Senior Boys 4 x 400m Relay

1	(Mercy Mounthawk Tralee)	3.53.65
2	(PS Chorca Dhuibhne)	4.07.25
3	(St Clements Limerick)	4.22.54

### Senior Boys Long Jump

1	Noah McConway (St Flannans Ennis)	6.10
2	Sean Mahony (St Michaels Listowel)	5.39
3	Fergal Pierse (CII Abbeyfeale)	4.92

### Senior Boys Triple Jump

1	Aaron O'Connor (Castletroy College)	10.80
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### Senior Boys High Jump

1	Ronan Pearce (Tralee CBS)	1.60
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### Senior Boys Shot

1	Callum Keating (Hazelwood Col Dromcollogher)	13.58
2	Padraic McCarthy (St Michaels Listowel)	12.30
3	Dawid Holewa (CII Abbeyfeale)	8.56

### Senior Boys Discus

1	Padraic McCarthy (St Michaels Listowel)	36.03
2	Noah McConway (St Flannans Ennis)	34.86
3	Oskar Duminski (St Clements Limerick)	24.79

### Senior Boys Javelin

1	Oskar Duminski (St Clements Limerick)	24.50
2	Liam Walsh (Tarbert Comprehensive)	20.82
3	Lenardo Hakuntangwe (St Clements Limerick)	20.09

### Minor Girls 100m

1	Destiny Lawal (Castletroy College)	12.97
2	Lily McMahan (Crescent Col Comp SJ)	13.13
3	Amanda Duyile (Mercy Mounthawk Tralee)	13.64

### Minor Girls 200m

1	Destiny Lawal (Castletroy College)	26.62
2	Megan Love (Castletroy College)	27.97
3	Mina Gomes (Ennis CC / GC an Chláir)	28.69

### Minor Girls 800m

1	Sophie Maher (St Flannans Ennis)	2.28.55
2	Leah Berry (St Marys Newport)	2.29.24
3	Emily Singleton (Col Muire Ennis)	2.30.06

### Minor Girls 1500m

1	Sarah Crowe (Col Muire Ennis)	5.29.69
2	Aimee Whelan (Castletroy College)	5.34.32
3	Aoife Keane (Col Muire Ennis)	5.47.68

### Minor Girls 75m Hurdles

1	Lily McMahan (Crescent Col Comp SJ)	12.09
2	Amanda Duyile (Mercy Mounthawk Tralee)	13.30
3	Sophie Maher (St Flannans Ennis)	14.41

### Minor Girls 4 x 100m Relay

1	(Col Muire Ennis)	56.80
2	(Mercy Mounthawk Tralee)	58.72
3	(St Flannans Ennis)	60.12

### Minor Girls Long Jump

1	Megan Love (Castletroy College)	4.53
2	Kayla Connellan (St Flannans Ennis)	4.32
3	Meabh Kelly (Col Muire Ennis)	4.24

### Minor Girls High Jump

1	Isabel Maher (St Josephs Tulla)	1.30
2	Grainne Leyden (Col Muire Ennis)	1.27
3	Holly Coleman (St Flannans Ennis)	1.27

### Minor Girls Shot

1	Kate Egan (JTB CS Hospital)	7.09
2	Anna Ní Chonchúir (PS Chorca Dhuibhne)	6.83
3	Ava Nolan (Mercy Mounthawk Tralee)	6.23

### Minor Girls Javelin

1	Grace Murphy (St Michaels Kilmihil)	17.20
2	Kayla Connellan (St Flannans Ennis)	14.75
3	Lauren Ní Chríodáin (Gaelcholáiste Chiarraí)	13.51

## North Munster Track and Field Results 2022

### Junior Girls 100m

1	Eanna Iseult (Laurel Hill Coláiste FCJ)	12.80
2	Saoirse Dillon (Pres Listowel)	12.95
3	Ava Palmer (St Marys Newport)	13.70

### Junior Girls 200m

1	Saoirse Dillon (Pres Listowel)	26.68
2	Eanna Iseult (Laurel Hill Coláiste FCJ)	27.36
3	Shannon Nyambi (Castletroy College)	28.51

### Junior Girls 800m

1	Hayley Barrett (Col Muire Ennis)	2.34.12
2	Sarah O'Halloran (Castletroy College)	2.35.16
3	Emma Neylon (Tarbert Comprehensive)	2.41.15

### Junior Girls 1500m

1	Meabh Ní Chonchúir (Gaelcholáiste Chiarraí)	5.28.84
2	Grace Reilly (Mercy Mounthawk Tralee)	5.30.39
3	Lucy Shannon (Col Muire Ennis)	5.36.41

### Junior Girls 75m Hurdles

1	Lucy Mulgrew (Mercy Mounthawk Tralee)	13.36
2	Evie Quinn (St Josephs Tulla)	13.94
3	Joelyn Cushen (Mercy Mounthawk Tralee)	14.51

### Junior Girls 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	55.66
2	(St Marys Newport)	56.51
3	(Laurel Hill Secondary FCJ)	57.67

### Junior Girls Long Jump

1	Lucy Mulgrew (Mercy Mounthawk Tralee)	4.30
2	Meabh Ní Chonchúir (Gaelcholáiste Chiarraí)	3.78
3	Lucy Greenslade (Castletroy College)	3.56

### Junior Girls Triple Jump

1	Clodagh Donoghue (St Marys Newport)	10.32 ER
2	Evie Quinn (St Josephs Tulla)	8.40

### Junior Girls High Jump

1	Clodagh Donoghue (St Marys Newport)	1.52
2	Ailin Kennedy (St Marys Newport)	1.43
3	Emma Neylon (Tarbert Comprehensive)	1.35

### Junior Girls Shot

1	Niamh O'Shea (Mercy Mounthawk Tralee)	8.44
2	Eimear Ryan (Salesian Col Pallaskerry)	8.35
3	Ava Palmer (St Marys Newport)	8.10

### Junior Girls Discus

1	Niamh O'Shea (Mercy Mounthawk Tralee)	24.90
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### Junior Girls Javelin

1	Eimear Ryan (Salesian Col Pallaskerry)	27.95
2	Mary Ellen Murphy (St Michaels Kilmihil)	17.60
3	Immanuella Ogundele (Mercy Mounthawk Tralee)	9.54

### Inter Girls 100m

1	Vivian Amaeze (Laurel Hill Secondary FCJ)	12.94
2	Alexandra Ward (Rice College Ennis)	13.46
3	Roise Gavan (Gaelcholáiste Luimnigh)	13.19

### Inter Girls 200m

1	Victoria Amidamaen (Castletroy College)	25.30
2	Orla O'Shaughnessy (Salesian Col Pallaskerry)	25.66
3	Caoimhe Byrne O'Connell (Mary I Lisdoonvarna)	25.75

### Inter Girls 300m

1	Victoria Amidamaen (Castletroy College)	40.45
2	Holly O'Boyle (St Flannans Ennis)	44.19
3	Eimear Galvin (Hazelwood Col Dromcollogher)	44.24

### Inter Girls 800m

1	Gemma Galvin (St Michaels Kilmihil)	2.20.92
2	Holly O'Boyle (St Flannans Ennis)	2.21.80
3	Mollie O'Riordan (Tarbert Comprehensive)	2.26.24

### Inter Girls 1500m

1	Gemma Galvin (St Michaels Kilmihil)	5.26.56
2	Hazel Murphy (CII Abbeyfeale)	5.29.64
3	Ella Murphy (CII Abbeyfeale)	5.31.33

### Inter Girls 3000m

1	Louise O'Mahony (Col Muire Ennis)	10.12.93
2	Grace Rynne (Col Muire Ennis)	11.34.11
3	Noelle Dillon (Pres Listowel)	11.42.74

### Inter Girls 2000m Walk

1	Natalia Lorenzo (Pres Castleisland)	
2	Lilly Nowak (Mercy Mounthawk Tralee)	

### Inter Girls 80m Hurdles

1	Leah Maloney (Gaelcholáiste Luimnigh)	11.93
2	Alexandra Ward (Rice College Ennis)	14.63
3	Sarah O'Sullivan (Laurel Hill Secondary FCJ)	14.95

### Inter Girls 300m Hurdles

1	Eimear Galvin (Hazelwood Col Dromcollogher)	44.4 NR
2	Mollie O'Riordan (Tarbert Comprehensive)	46.1
3	Lilly May O'Gara (Mercy Mounthawk Tralee)	47.9

### U16 Girls Mile

1	Noelle Dillon (Pres Listowel)	5.59.81
2	Nicole Keane (Col Muire Ennis)	6.10.37
3	Muireann Jones (St Marys Newport)	7.39.96

### Inter Girls 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	53.12
2	(Gaelcholáiste Luimnigh)	54.67
3	(Tarbert Comprehensive)	54.86

### Inter Girls Long Jump

1	Leah Maloney (Gaelcholáiste Luimnigh)	5.39
2	Sophie Walker (St Marys Newport)	4.82
3	Rachel Mulgrew (Mercy Mounthawk Tralee)	4.48

### Inter Girls High Jump

1	Ava Rochford (Rice College Ennis)	1.70
2	Orla O'Shaughnessy (Salesian Col Pallaskerry)	1.60
3	Caoimhe Byrne O'Connell (Mary I Lisdoonvarna)	1.55

### Inter Girls Shot

1	Clara Minitier (Kilrush CS)	10.73
2	Angel Alfred (Laurel Hill Secondary FCJ)	9.09
3	Aoibhinn Heart (CII Abbeyfeale)	8.05

### Inter Girls Discus

1	Aoibhinn Heart (CII Abbeyfeale)	20.62
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### Inter Girls Javelin

1	Clara Minitier (Kilrush CS)	30.14
2	Doireann O'Shea (Mercy Mounthawk Tralee)	27.04
3	Angel Alfred (Laurel Hill Secondary FCJ)	16.01

### Senior Girls 100m

1	Megan Lynch (Tarbert Comprehensive)	12.88
2	Debbie Lawal (Castletroy College)	13.09
3	Nicole Walker (Pres Tralee)	13.33

### Senior Girls 200m

1	Debbie Lawal (Castletroy College)	26.43
2	Megan Lynch (Tarbert Comprehensive)	26.67
3	Nicole Walker (Pres Tralee)	26.88

## North Munster Track and Field Results 2022

### Senior Girls 400m

1	Rebecca Falvey (Mercy Mounthawk Tralee)	63.18
2	Emer Conroy (Laurel Hill Secondary FCJ)	64.26
3	Lisa Cassidy (Mercy Mounthawk Tralee)	70.68

### Senior Girls 800m

1	Sarah Hosey (Castletroy College)	2.16.87
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### Senior Girls 1500m

1	Neasa Ní Ainifein (Ennis CC / GC an Chláir)	4.54.69
2	Ciara Dunne (Salesian Col Pallaskenry)	5.27.36
3	Ruth Leyden (Col Muire Ennis)	5.40.45

### Senior Girls 3000m

1	Ciara Dunne (Salesian Col Pallaskenry)	11.48.68
2	Mary Ann Murray (Scariff CC)	12.13.56
3	Shaoirse Reidy (Castleisland CC)	13.15.98

### Senior Girls 100m Hurdles

1	Jada Clarke (Mercy Mounthawk Tralee)	
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### Senior Girls 4 x 100m Relay

1	(Mercy Mounthawk Tralee)	56.06
2	(Salesian Col Pallaskenry)	58.01
3	(St Annes CC Killaloe)	60.23

### Senior Girls 4 x 300m Relay

1	(Laurel Hill Secondary FCJ)	3.03.04
2	(Mercy Mounthawk Tralee)	3.11.45
3	(Salesian Col Pallaskenry)	3.24.57

### Senior Girls Long Jump

1	Rebecca Falvey (Mercy Mounthawk Tralee)	5.53
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### Senior Girls High Jump

1	Jada Clarke (Mercy Mounthawk Tralee)	1.25
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### Senior Girls Shot

1	Kirby Anne Ryan (Mercy Mounthawk Tralee)	9.90
2	Emma Carolan (St Marys Newport)	7.72
3	Aine O'Shea (Mercy Mounthawk Tralee)	7.71

### Senior Girls Discus

1	Kirby Anne Ryan (Mercy Mounthawk Tralee)	31.76
2	Aine O'Shea (Mercy Mounthawk Tralee)	24.17

### Senior Girls Javelin

1	Leanne Healy (Col Muire Ennis)	30.05
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